

The HUSK Movement app

Healthy choices made easy

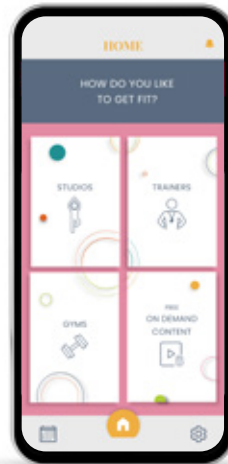
Independence Blue Cross members ages 18 and older have access to the HUSK Movement app. This app connects users to in-person and virtual studios, gyms, and trainers using discounted rates to help members live healthier, more balanced lives.

Your workout, your way

The HUSK Movement app (formerly GlobalFit Anywhere) gives you the flexibility and convenience to book workout classes and sessions based on activity preference, budget, fitness goals, and location. You get the best price on available workouts and can pay as you go. No monthly membership is required.

Get started today!

1. Download the HUSK Movement app from the App Store or Google Play.
2. Click *Get Started* to create an account.
3. Enter the required information to build your profile.
4. Select **Independence Blue Cross** from the Client Name drop-down menu and enter the name of your employer.
5. Enter your **12-digit member ID number and add a zero at the end**. You can find your member ID number on your insurance card. For example, if your member ID number is 123456789123, you should enter 1234567891230.



Work out virtually anywhere!

The HUSK Movement app now offers hundreds of weekly virtual live-streaming classes and monthly all-access passes in a variety of formats, like HIIT, yoga, dance, and sculpt.

Start exploring virtual classes, studios, gyms, and personal trainers in your area! The app will prompt you to add a payment method to book anything and will save this information so you can update it at any time.

Questions?

Contact support@huskwellness.com for help with downloading or registering.

Access to the HUSK Movement app is only available as a value-added benefit in individual consumer and small group plans, plus standard and select large group plans.

Independence Blue Cross offers products through its subsidiaries Independence Hospital Indemnity Plan, Keystone Health Plan East, and QCC Insurance Company, and with Highmark Blue Shield — independent licensees of the Blue Cross and Blue Shield Association